

RECREATION TIMES

A publication of the Wyoming Recreation Department



Inside the Guide

- Events
- Seniors
- Sports
- Health & Wellness

WYOMING RECREATION DEPARTMENT

www.wyomingohio.gov

Civic Center

513.821.5423

Recreation Center

513.821.5200

Family Aquatic Center

513.842.1408

Rachel Leininger, Director
rleininger@wyomingohio.gov

Jennifer Pospisil,
Front Desk/Civic Center Rentals
jpospisil@wyomingohio.gov

Bryan Hill, Youth/Adult Sports
bhill@wyomingohio.gov

Patrick Walkenhorst, Civic Center
pwalkenhorst@wyomingohio.gov

Jacob Olausen, Fitness Manager
jolausen@wyomingohio.gov

Recreation Center Hours

M/T/W/TH	5 am-9 pm
F	5 am-7 pm
S	7 am-6 pm
SU	12-6 pm

RECREATION CENTER MEMBERSHIPS

Recreation Center Memberships

	R/NR
Family	\$240/360
Dual/Single Parent Family	\$216/310
Individual Adult (18+)	\$180/270
Individual Senior (55+)	\$125/208
Senior Couple (55+)	\$170/260
Teen (12-17)	\$108/185
College Student (3 months)	\$80/95

Family Aquatic Center Memberships

Family	\$308/431
Dual/Single Parent Family	\$246/308
Individual Adult (18+)	\$185/246
Individual Senior (55+)	\$93/185
Senior Couple (55+)	\$160/224
Teen (12-17)	\$93/123
Babysitter Pool Pass	\$84 (add-on)

COMBO Recreation Center and Pool Membership

Family	\$495/712
Dual/Single Parent Family	\$419/554
Individual Adult (18+)	\$333/469
Individual Senior (55+)	\$199/358
Senior Couple (55+)	\$300/436
Teen (12-17)	\$184/303

Recreation Center Daily Drop-In Fee

Under 18	\$5
18 & Up	\$10



FAMILY AQUATIC CENTER

2022 Hours of Operation

May 28 through September 5

M-TH 12-8 pm

F 12-9 pm

S-SU 12-8 pm

*Memorial Day 12-8 pm

July 4th 12-5 pm

Labor Day 12-6 pm

*Veterans and active military swim for free.

School Day Hours

August 10 through September 2

M-TH Closed

F 3:30-9 pm

S-SU 12-8 pm

Daily Admissions

Ages 2 and Under Free

R/NR

Ages 3-17 \$8/12

Ages 18+ \$10/14

Seniors 55+ \$8/12

Twilight (after 6 pm) \$6/12

School Day Fridays \$6/12

Season passes are available for purchase at the Wyoming Recreation Center. Passes are non-refundable and non-transferrable. Hours may vary during the season for special events, programs, and/or Seadragons Swim Team.



2022 Seadragon Swim Team Ages 5-18

Registration Opens February 1 for Returning Swimmers, and April 15 for New Swimmers.

The Seadragons Swim Team is a great way to meet new friends and improve your swimming skills. Visit wyomingseadragons.com for 2022 team details as they become available, including date, time, and location of the parent information meeting/kickoff event and the 2022 season schedule. Swim team age groups are limited to 25 participants per group. Participants must be able to swim the length of the pool. Jr. Seadragons program available to new swimmers to bridge the gap between swim lessons and competitive swimming. Visit wyomingseadragons.com for more information.

Date	Day	Time	Fee
Jun-Jul	M-F	7:30-10:15 am	\$82/72 (members/sibling) \$137/127 (non-members/sibling)

Preschool Plunge Ages 6 and Under

Enjoy mornings in the Play & Spray area at the pool! Plunge available weekdays May 31-Aug 9, 9:30-11:30 am. Members are **FREE**, \$4 for non-members!

Private Swim Lessons Children and Adults

Participants will be contacted by manager to set up available dates and times for lessons.

4-1/2 hour sessions \$80 members/120 non-members

FAMILY AQUATIC CENTER

Swim Lessons

Register for group swim lessons online at Wyoming.coursestorm.com. The full session schedules can also be viewed online.



Group Swim Lessons

Weekday Session Fees: \$23 campers/30 members/50 non-members
Saturday Session Fees: \$30 members/50 non-members

Weekday Swim Lesson Session Dates

Session 1: Jun 6-Jun 16, Registration Deadline Jun 1
Session 2: Jun 20-Jun 30, Registration Deadline Jun 15
Session 3: Jul 11-Jul 21, Registration Deadline July 6

Weekday Morning Lessons M-TH (30 min)

Level	Session	Times Available
Frog & Tadpole	1, 2, 3	11-11:30 am
Flounder	1, 2, 3	9-9:30/9:40-10:10/10:30-11 am
Jellyfish	1, 2, 3	9-9:30/9:40-10:10/10:30-11 am
Octopus	1, 2, 3	9-9:30/9:45-10:15/10:30-11 am
Clownfish	1, 2, 3	9-9:30/9:40-10:10/10:30-11 am

Saturday Swim Lesson Dates

Jun 4- Jul 30 (No class July 2)

Saturday Lessons M-TH (30 min)

Level	Times Available
Frog & Tadpole	10:30-11am
Flounder	10-10:30 am
Jellyfish	9:30-10 am, 10-10:30 am
Octopus	9:30-10 am

Frogs and Tadpoles—Child and Parent Class

Flounder—Water Exploration

Jellyfish—Primary Skills

Octopus—Stroke Readiness

Clownfish—Stroke Development

Seahorse—Stroke Refinement



AQUATIC EVENTS



Summer Senior Picnic

Jun 7 | 11 am-1 pm

Enjoy lunch by the pool with the seniors from Wyoming and Springfield Township. We will provide hamburgers and hot dogs while you can bring a dish to share. Enjoy socializing with your friends. Come see what the Aquatic Center is all about!

DJ on Deck

Jun 15 + Jul 13 | 1-3 pm

Dancing on the Deck! Join DJ Johnny B for an afternoon of live music, fun, games, and the wibit!

Dad's Day

Jun 19 | All day

All dads enjoy a free day of swimming at the pool and Kona Ice!

4th of July Celebration

Jul 4 | 12-5 pm

Celebrate by the pool with All American games and a grill out! **Free** admission for Wyoming residents.

14th Annual Luau

Jul 15 | 7-9 pm

Enjoy the sounds of Hawaiian inspired music, special food offerings, games, and activities for the whole family! Buy a duck for a chance to win a party at the pool!



Deck Art Days

Jun 24 + Jul 22 | All day

Display your artistic talents by beautifying the pool deck with colorful creations (chalk provided)!

Dawg Days of Summer

Sept 5 | 7-8:30 pm

The Aquatic Center is going to the dogs! Soft toys and balls for fetching are permissible. Dogs must remain under the control of their owners. One adult per dog is required. Children are not permitted in the water. Spectators are welcome. Cost per dog is \$5 and humans are free! Rain or shine event.

End of Summer Celebration and Dive-In Movie

Aug 5 | 5-8 pm

All Wyoming primary and middle school kids are invited to enjoy a late summer splash for \$2 admission! Enjoy live music from our DJ, sweet treats, and special food offerings! End the evening with a dive-in movie at the pool!

JULY 4TH CELEBRATION

Monday, July 4 Festivities (Rain date Tuesday, July 5)

Get ready to celebrate all day! Festivities start with the 4th of July parade featuring “American Heroes” as this year’s theme. Use your imagination to celebrate our “American Heroes”!! Talk to your neighbors and join the parade! Neighborhoods will compete to win a party at the Wyoming Family Aquatic Center pool! Children are encouraged to decorate their bikes and ride (with a helmet) in the parade. Neighborhoods, families, scouts, service men and women, and veterans are all welcome to join in! Please line up one Oak Avenue heading south. **Parade registration begins at 9 am at the gazebo on Wyoming Avenue.**



Parade Route

The parade will line up on Oak Avenue, then go west on Wyoming Avenue, north on Springfield Pike, east on Wentworth Avenue, south on Burns Avenue, and then east on Wyoming Avenue. After the parade, children’s games and an award ceremony will take place at the gazebo on Wyoming Avenue.

Schedule of Events

Morning events

9 am	Parade registration at the Village Green gazebo on Wyoming Avenue
10 am	Parade begins; awards and live music to follow at the Village Green gazebo on Wyoming Avenue

Afternoon events

12-5 pm	FREE swimming for all residents at the Wyoming Family Aquatic Center
---------	--

Evening events at Oak Park

5:30-9:30 pm	Inflatable slides, bounces, games and food!!
6-9:30 pm	BACK BY DEMAND!! Music by 2nd Wind
9:45 pm	Rozzi’s Fireworks

Fireworks Parking

Parking at Oak Park will be restricted to emergency vehicles ONLY. Please park on one of the surrounding streets and walk to Oak Park. A shuttle bus will begin pick-ups in front of the high school on Penderly Avenue and the Tot Lot/Tennis Court Lot beginning at 7:30 pm. Shuttles will run up to one hour after the fireworks.

Information: Call the Recreation Center at 513.821.5200 or email rleininger@wyomingohio.gov.

SUMMER EVENTS

FREE!!! FAMILY ENTERTAINMENT SERIES

Mark your calendars for these super exciting events for the entire family to enjoy! You don't want to miss out on these amazing events that are **FREE** for the whole family!

Location for events are noted.

Madcap Puppets Presents "The Story Quest"

Thursday, June 2 | 7 pm, Village Green Gazebo

Royal storyteller, Everett Hickenbottom, has spun 999 tales in as many nights for the queen. Now with one story left to tell he has no stories left! He recounts two adventurous tales, The Stolen Crown and Feet Water, before getting help from the audience to imagine one final wondrous story. Loads of audience participation and hilarious puppets fill this charming production. This special Madcap Puppet show is one not to miss! Location: Village Green Gazebo

Touch-a-Truck Event

Thursday, June 16 | 6-8 pm, Village Green and Wyoming Avenue

Kids of all ages get to explore a wide variety of trucks up close, get sprayed by the fire truck, honk horns, sit on a backhoe, jump aboard several trucks, check out the inside of an ambulance and a police car, and much more!

Circus Mojo

Thursday, June 30 | 7 pm, Village Green Gazebo

Circus Mojo is a youth and adult circus arts program, where physical skills such as juggling, balancing, uni-cycling and stilt walking coalesce with creative expression such as improvisation, character development and group performance. This is an event the entire family will enjoy!



Zak Morgan, Grammy Nominated Children's Entertainer

Thursday, July 14 | 7 pm, Village Green Gazebo

Zak Morgan's interactive live performances are filled with warmth, wordplay, laughter, and positive messages as he encourages children to read, imagine and believe in themselves. Zak's concerts are fun for all ages!

Children's Music by Bobby and Serenity Fisher

Thursday, July 28 | 7 pm, Village Green Gazebo

Have your little ones join us at the Village Green to experience children's songs and entertainment provided by Bobby and Serenity Fisher—two very talented teachers from the Wyoming Fine Arts Center!

SUMMER EVENTS



LIVE on the Green Concert Series

The FREE Live on the Green Concert Series is back in 2022 bringing some awesome music to the Village Green mid-week for all to experience! Stop by your favorite local restaurant for some delicious food, enjoy a DORA beverage, and relax while listening to music. Don't forget to bring your lawn chairs and/or blankets and be sure to invite your friends and neighbors!

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Music</u>	<u>Genre</u>
Jun 8	W	7-9 pm	Tracy Walker Trio	Soul
Jun 22	W	7-9 pm	Jess Lamb and the Factory	Inspiring Rock
Jul 6	W	7-9 pm	Satin Smooth Project	R&B
Jul 20	W	7-9 pm	Moonshine Drive	Bluegrass
Aug 3	W	7-9 pm	Queen City Silver Stars	Island Rock

Pop-Up Dog Park at the Village Green

Mark your calendars!! The pop-up dog park is back this year at the Village Green and will be popping up each month for you and your pooch to enjoy!

- April 15-17
- May 27-30
- June 10-12
- July 15-17
- August 19-21
- September 16-18
- October 14-16
- November 18-20



2022 SUMMER CAMP

Summer Camp Entering Grades K–6

Summer Camp 2022 will be jam packed with lots of activity and guarantees each camper will spend their days with lots of PLAY! Classic games, challenging crafts, nature activities, swimming at the Family Aquatic Center, and more! Campers will meet new friends and build lasting friendships with our counselors who become role models to the campers. Our excellent staff includes certified school teachers, college students, and high schoolers who have all participated in a well-rounded training program.

Registration/Payment: Payment in full is due Thursday two weeks prior to each week the child is registered to participate.

Lunch/Snack: Campers must bring a sack lunch and drink, and will have the option to purchase a concession card to use at the pool. An afternoon snack is also provided.

Pick-Up and Drop-Off: Parents will be able to drive to the back of the Recreation Center for easy and convenient drop off and pick up procedures.

<u>Dates</u>	<u>Hours</u>	<u>M/R/NR</u>
May 31-Aug 9	7 am–5:30 pm	\$195/213/231 Five Day Weekly Rate \$45/50/55 Daily Fee
One-time Camp Enrollment fee per family: \$45/55		

Swimming

All campers will be tested by SwimSafe Pool Management to determine what areas they can swim in. Campers will swim daily with their age groups at the Family Aquatic Center. Swim lessons are available to campers at discount rates. Register for lessons at **wyoming.coursestorm.com**.

Field Trips

Field trips are on Thursdays unless otherwise noted. Field trip days have an additional fee to cover bussing and additional activity expenses. All field trip days must be paid at the time of registration. A schedule of field trips will be provided in the parent packet along with any fees. All children signed up for camp on field trip days must attend the field trip. There will be no camp at the Recreation Center on those days. Each child will receive a camp shirt for field trip days.

**For more information regarding registration
deadlines for summer camp visit:**

<https://wyomingohio.gov/departments/recreation-department/summer-day-camp/>

MINI CAMPS

Week 1: May 31-June 3

Skyhawks Beginning Golf Camp Ages 5-9

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided. **Register at Skyhawks.com.** Location: Recreation Center

Day	Age	Time	Fee
T-F	5-9	9-12 pm	\$115

UKULELE KIDZ CAMP- Beginners Entering Grades 2-6

Taught by Wyoming Primary Music Teacher, Kelly James, at the Wyoming Civic Center! **Learn more and register at ukulelekidz.com to save your spot!** Location: Civic Center
Beginner (no prior experience required)

Day	Grade	Time	Fee
T-F	2-6	9-11 pm	\$120

Skyhawks Baseball Camp Ages 6-12

Learn the fundamentals of fielding, catching, throwing, hitting, and base running - all in a fun, positive environment. Specifically designed for beginning and intermediate players. This program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility. **Register at Skyhawks.com.** Location: Recreation Center

Day	Age	Time	Fee
T-F	6-12	1-4 pm	\$115



MINI CAMPS

Week 2: June 6-10

UKULELE KIDZ CAMP- Intermediates Entering Grades 2-6

Taught by Wyoming Primary Music Teacher, Kelly James. **Learn more and register at ukulelekidz.com to save your spot!** Location: Civic Center

Day	Grade	Time	Fee
T-F	2-6	9-11 pm	\$120

Challenger's British Soccer Camp Ages 4-14

Join this awesome soccer camp with international flair! **Register at www.challengersports.com before May 6 for a FREE Challenger International jersey.** Location: Turf Field

Age	Day	Time	Fee/After May 10
4-5	M-F	9-10:30 am	\$95/105
4-5	M-F	10:45 am-12:15 pm	\$95/105
6-9	M-F	9 am-12 pm	\$127/137
10-14	M-F	9 am-12 pm	\$127/137
6-14*	M-TH	1-3 pm	\$40/50

*Golden Goal Bonus Camp available for half day camps



Week 3: June 13-17

Junior Police Camp Entering Grades 2-6

Come join your friends and meet your local Wyoming Police Officers! They will introduce you to the K-9 unit, learn tactics from the SWAT team, take an exciting tour of the firing range, and get an up close and personal view of how Taser's are used. Fee includes a Police T-shirt! **Register at the Recreation Center.** Day

Time	M/R/NR	Location
M-F 8 am-12 pm	\$40/44/52	Safety Services Building

MINI CAMPS

Week 4: June 20-24

Theatre Camp- Mysterious Missions Entering Grades 1 -10

Enter a realm of limitless possibilities as you craft scenes for a choose-your-own-adventure mystery! Use the power of your imagination to decide where the story goes as you learn acting, playwriting, improvisation, and more. Present your adventure with others in a shareformance at the end of the week. **Register at**

cincyplay.com. Location: Civic Center

Day	Time	Fee
T-F	9 am-4:30 pm	\$200

Skyhawks Mini-Hawk Camp Ages 4-7

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. **Register at**

Skyhawks.com. Location: Wyoming Rec Center

Day	Time	Fee
M-F	9-12 pm	\$145

Skyhawks Basketball Camp Ages 7-12

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages. **Register at Skyhawks.com.** Location: Oak Gym

Day	Time	Fee
M-F	1-4 pm	\$145

Week 5: June 27-July 1

Theatre Camp- Robots vs. Aliens Entering Grades 1 -10

Shift into hyper drive as we embody robots, aliens, and other space creatures, all created by you! Classes in character creation, action movement and improvisation with equip you for blast-off and remind you that adventure is infinite. Present your adventure with others in a shareformance at the end of the week. **Register at**

cincyplay.com. Instructor: Cincinnati Playhouse in the Park. Location: Civic Center

Day	Time	Fee
M-F	9 am-4:30 pm	\$245

Volleyball All Skills Camp Ages 12 and Up

DBVB Skills Camp is back for the 2nd annual volleyball all skills camp, hosted by Coach Doug Baines, one of Cincinnati's premier high school and club coaches. Improve your knowledge, mechanics, and techniques required to play the game that will show future coaches your growth. This camp is open to the first 30 male and female athletes, and will be held at the Wyoming Recreation Center. Includes a camp T-shirt. **Register at the Recreation Center.** Instructor: Cincinnati Playhouse in the Park. Location: Recreation Center

Day	Time	Fee
M-F	9 am-12 pm	\$150

Week 6: July 4-8—Happy Fourth of July!

MINI CAMPS

Week 7: July 11-15

Skyhawks Flag Football Camp Ages 6-12

Experience the excitement of football with Skyhawks Flag Football fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking, and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment. **Register at Skyhawks.com.** Location: Recreation Center

Day	Time	Fee
M-F	1-4 pm	\$145

Skyhawks Beginning Golf Camp Ages 5-9

Participants will learn the fundamentals of swinging, putting, body positioning, etiquette, and keeping score. The program is specifically designed for the entry-level player, simplifying instruction so that young players can make an easy and effective transition onto the golf course. All equipment provided. **Register at Skyhawks.com.** Location: Wyoming Rec Center

Day	Time	Fee
M-F	9-12 pm	\$145

Week 8: July 18-22

Challenger's British Soccer Camp Ages 4-14

Join this awesome soccer camp with international flair! **Register at www.challengersports.com before May 6 for a FREE Challenger International jersey.** Location: Turf Field

Age	Day	Time	Fee/After May 10
4-5	M-F	9-10:30 am	\$95/105
4-5	M-F	10:45 am-12:15 pm	\$95/105
6-9	M-F	9 am-12 pm	\$127/137
10-14	M-F	9 am-12 pm	\$127/137
6-14*	M-TH	1-3 pm	\$40/50

*Golden Goal Bonus Camp available for half day camps



MINI CAMPS

Week 9: July 25-29

Theatre Camp- Melodic Mayhem Entering Grades 1-10

Join us as we sing, dance, and act our way through adventurous songs and scenes from Peter Pan, Aladdin, Wicked, and others. Each group will focus on one musical to present in a shareformance at the end of the week. **Register at cincyplay.com.** Instructor: Cincinnati Playhouse in the Park. Location: Civic Center

Day	Time	Fee
M-F	9 am-4:30 pm	\$245

Week 10: August 1-5

Skyhawks Mini-Hawk Camp Ages 4-7

This multi-sport program was developed to give children a positive first step into athletics. Sports are taught in a safe, structured environment filled with encouragement and fun. Through exciting games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

Register at Skyhawks.com. Location: Recreation Center

Day	Time	Fee
M-F	9-12 pm	\$145

Skyhawks Basketball Camp Ages 7-12

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progressional curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding, and defense through skill-based instruction and small-sided scrimmages. **Register at Skyhawks.com.** Location: Recreation Center

Day	Time	Fee
M-F	1-4 pm	\$145



YOUTH ACTIVITIES

JKO Cincinnati Karate Ages 5-12

Register for this program by email: ShitokaiOhio@gmail.com

Students will discover a fun, new way to stay fit and healthy while learning to focus energy for discipline and strength. Karate classes teach basics in self-defense as well as renew energy levels and build confidence. If attending both days, students will receive a FREE gi and can progress in achieving belt promotion at Shitokai Ohio dojo. **Contact shitokaiohio@gmail.com with questions.** Instructor: Sensei Alex Dell. Location: Studio A

Date	Day	Time	Cost
Jun-Jul	T, TH	4-5 pm	\$110/month (both days)

Better Babysitters Class Entering Grades 5-8

This popular class is for girls and boys. Students will receive their own first aid kit to take home and will learn first aid safety, infant and child CPR, how to handle emergencies, creative problem solving, job professionalism, and much more. This is a two-part series and students must attend both classes. Please bring a snack or lunch. Instructor: Enriching Kidz. Location: Civic Center Corral Room. **Register at the Recreation Center.**

Date	Day	Time	M/R/NR
Jul 26, 28	T, TH	2 pm-6 pm	\$100/105/110

Home Alone Entering Grades 4-6

This interactive course teaches topics for youth on how to be safe and smart when staying home alone. They will learn first aid, self-Heimlich Maneuver, reasons to call 911, fire escape plans, microwave safety, and how to problem solve out-of-the-ordinary situations. This is a two-part series and students should attend both classes. Instructor: Enriching Kidz. Location: Civic Center Corral Room. **Register at the Recreation Center.**

Date	Day	Time	M/R/NR
Jul 25, 27	M, W	4 pm-6 pm	\$70/75/80



YOUTH SPORTS

Wyoming Youth Football Entering Grades 3-6

Wyoming Youth Football Association (WYFA) is a place for your child to learn the game of football in a safe environment that takes pride in promoting teamwork and sportsmanship. Head coaches are selected based on their knowledge of the game and their character. Teamwork is encouraged over personal glory. Most importantly, WYFA guards the safety of our youth, and we promote a high level of sportsmanship in defeat as well as in victory. WYFA teaches its players to respect themselves, teammates, coaches, family, and the community. WYFA is a member of the Eastern Hills Youth Football League. We compete against the following football programs: Maderia, Marimont, CHCA, MVCA. Players participating in the WYFA program must be current residents or attend Wyoming City Schools. Register at the Recreation Center. **Registration deadline is June 1 or until teams are full.**

Date	Time	Fee
Jul-Oct	Varies	\$150

SAY Soccer Ages 7-18

Open to boys and girls. Teams will be formed at *random* and play in the SAY recreational soccer league. Register at the Recreation Center. **Registration deadline is Jul 18, or until teams are full.**

Date	M/R/NR
Aug-Oct	\$70/75/85 by Jul 18 \$80/85/95 after Jul 18

Pee Wee Soccer League Ages 4-5

This instructional soccer league is open to boys and girls. Volunteer coaches will teach the basic skills. The league meets at Oak Park every Wednesday. Teams will meet for six weeks of practice/games. Coaches are needed. Team shirts are provided. Register at the Recreation Center. **Registration deadline is July 18 or until teams are full.**

Date	M/R/NR
Sept 13-Oct 18	\$40/44/52 by July 18 \$50/54/62 after July 18

Flag Fanatics Football Ages 3-14

The City of Wyoming is partnering with Flag Fanatics to bring flag football back! Games and practices are typically on Sundays. Play against other kids in your community! **Register at the playfanatics.com or email questions to info@playfanatics.com. Registration deadline: Aug 1.**

Date	Day	Fees	Location
Aug-Nov	SU	\$65-135	Turf Field

Dribblers Soccer Ages 5-6

This league is open to girls and boys and will play teams within Wyoming and Evendale. Each team will have one weekday practice per week and one Saturday game per week. Team shirts will be provided. Register at the Recreation Center. **Registration deadline is July 18, or until teams are full.**

Date	M/R/NR
Sept-Oct	\$40/44/52 by July 18 \$50/54/62 after July 18

Fall CPYVL Volleyball League Entering Grades 3-8

This six week, 10 match program will consist of matches against other communities starting in September. Teams will be divided based on grade. Practices are twice a week at the Recreation Center. **COACHES NEEDED. Registration deadline: July 18, or until teams are full.** Location: Recreation Center

Date	Day	M/R/NR
Sept-Oct	T, TH	\$50/55/60 by July 18 \$60/65/70 after July 18

ADULT SPORTS

Co-Ed Adult Outdoor Soccer League Ages 30 and Up

This league will consist of teams of 13-25 players. The league will be 10-weeks and play 35-minute halves. Teams are required to bring referee fees for each game. **Register at the Recreation Center May 1-Aug 1.** Location: Turf Field

Date	Day	Time	Fee
Aug-Nov	F	Evenings	\$200/team (does not include referee fees)

Men's Adult Open Basketball League Ages 18 and Up

Join us for pick-up basketball games on Tuesday nights with neighbors and friends! Location: Recreation Center Gym

Date	Day	Time	M/R/NR
Jun-Aug	T	7-9 pm	Free/Free/\$30 (annual fee)

NEW!! Adult Coed Softball League Ages 18 and Up

Join us on Sunday afternoons for some softball starting in July! This league needs at least four teams to run, with a maximum of eight teams. Contact Bryan Hill at bhill@wyomingohio.gov for more information.

Register at the Recreation Center. Location: Grove Park.

Date	Day	Time	Team fee
Jul 24-Oct 23	SU	1-5pm	\$200 (does not including umpire fees)



SENIOR FITNESS



Walking and More

Join the Walking Club! They do low impact exercises with small weights in an air-conditioned setting during the summer. Instructor: Mary Corley. Location: TBD

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>M/R/NR</u>
May-Aug	T,TH	10-11 am	Free

SilverSneakers® Classic

Have fun and move through a variety of exercises designed to increase muscular strength, range of movement, and activities for daily living. A chair is available if needed for seated or standing support. Instructor: Jacob Olausen. Location: Studio A

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>M/NM</u>
Jun-Aug	M,W	10:30-11:30 am	Free/\$2

HEALTH AND WELLNESS



MINDBODY Online

FIND OUR GROUP FITNESS SCHEDULE ONLINE!!!

View group fitness class schedules, receive up-to-date information, and pay online!
Be sure to visit www.clients.mindbodyonline.com and search for Wyoming Recreation Center to login! New classes and programs will continue to be added throughout the year! Also available in the app store!



Fitness Class Fees

<u>Fitness Punch Pass</u>	<u>M/R/NR</u>
5 visits	\$30/40/50
10 visits	\$60/80/100

<u>Class Drop-In Fee</u>	<u>M/R/NR</u>
Group Fitness	\$6/10/12

<u>Unlimited Class Pass</u>	<u>M/R/NR</u>
Monthly	\$55/65/70

TRAINER HIGHLIGHT:

Evan Johnson



Hello! My name is Evan Johnson, and I am an ACE certified personal trainer here in Wyoming. I became a personal trainer for 3 reasons:
I love fitness,
I love meeting new people,
and most importantly, I love seeing how exercise and an active lifestyle can transform people's lives.

I have been exercising my whole life, but I never fully appreciated the effects of exercise on physical and mental health until I was an adult, when it's more important than ever to set time aside for yourself each week for physical activity. Science has proven that regular exercise can help reduce blood pressure and stress, while improving sleep and joint health!

I received my certification in the spring of 2021, so I am new to training professionally, but I am so excited to start my training career here at the rec center! Please feel free to approach me and introduce yourself if you see me here (even if I have my game face on, I promise I'm friendly).

Though I have experience in strength, cardio, and general fitness, I am very interested in senior fitness, and boxing fitness. In time, I plan to get a specialist certificate in both!

Please feel free to reach out to me with any questions at:
513-279-8870 | mail@ascendtrainers.com

You can also ask for my information at the front desk. I look forward to meeting you!

FITNESS CLASSES

Class Schedule May 29-Sept 5

Go to MINDBODY Online or download the MINDBODY app to view full class descriptions, receive up to date information, and pay with ease!

MONDAY

Class	Time	Instructor	Location	Class Type
Cycle & Core	6-7 am	Jessica J.	Studio A	Cardio/Core
Body Pump	8-9 am	Karen M.	Studio A	Strength/Core
Mat Pilates	9-10 am	Karen M.	Studio A	Cardio/Strength
SilverSneakers® Classic	10:30-11:30 am	Jacob O.	Studio A	Senior Fitness
Lunchtime Bootcamp	12:10-12:50 pm	Dawn M.	Studio A	Cardio/Strength
Barre	6-7 pm	Luan B.	Studio A	Flexibility/Strength
Mysfit Fitness	7:15-8:15 pm	Nina A.	Studio A	Cardio/Strength

TUESDAY

Class	Time	Instructor	Location	Class Type
Strong HIIT	6-6:45 am	Jessica J.	Studio A	Cardio/Strength
Pilates Reformer	8 am-3 pm	Mary F.	Studio B	Flexibility/Strength
Pilates for Boomer	9-10 am	Katie H.	Studio A	Flexibility/Strength
Walking & More	10-11am	Mary C.	Gym	Senior Fitness
Zumba	6-7 pm	Dawn M.	Multi-Purpose	Cardio/Dance
Boot camp	7:15-8:15 pm	Dawn M.	Studio A	Cardio/Strength

WEDNESDAY

Class	Time	Instructor	Location	Class Type
Mat Pilates	9-10 am	Karen M.	Studio A	Flexibility/Strength
SilverSneakers® Classic	10:30-11:30 am	Jacob O.	Studio A	Senior Fitness
Lunchtime Bootcamp	12:10-12:50 pm	Dawn M.	Studio A	Cardio/Strength
Pilates for Boomers	5-6 pm	Katie H.	Studio A	Baby Boomer Fitness

THURSDAY

Class	Time	Instructor	Location	Class Type
Total Body Barre	6-6:45 am	Jessica J.	Studio A	Flexibility/Strength
Body Strength	8:30- 9:30 am	Kathy L.	Studio A/Outside	Strength
Baby Boomer Fitness	8:45-9:45 am	Katie H.	Studio A/Multi-purpose	Baby Boomer Fitness
Pilates Reformer	10 am-3 pm	Mary F.	Studio B	Flexibility/Strength
Walking & More	10-11am	Mary C.	Gym	Senior Fitness
POUND!	6-7 pm	Lori S.	Studio A	Core/Dance
Boot Camp	7:15-8:15 pm	Dawn M.	Studio A	Cardio/Strength

FRIDAY

Class	Time	Instructor	Location	Class Type
Lunchtime Bootcamp	12:10-12:50 pm	Dawn M.	Studio A	Cardio/Strength
SilverSneakers® Classic	1:30-2:30 pm	Jacob O.	Studio A	Senior Fitness

SATURDAY

Class	Time	Instructor	Location	Class Type
POUND!	9:30-10:30 am	Lori S.	Studio A	Cardio/Dance

Punch Passes, Unlimited Class Pass, Drop-in; Senior Fitness/FREE for Members or \$2; Register directly with instructor.

IMPORTANT DATES TO REMEMBER

May

- 27-30 Pop-Up Dog Park at the Village Green
- 28 Wyoming Family Aquatic Center Opens
- 31 Summer Camp Begins

June

- 2 Family Entertainment Series Featuring: Madcap Puppets "The Story Quest"
- 7 Summer Senior Picnic
- 8 LIVE on the Green Concert Series Featuring: Tracy Walker Trio
- 10-12 Pop-Up Dog Park at the Village Green
- 16 Touch-a-Truck
- 22 LIVE on the Green Concert Series Featuring: Jess Lamb and the Factory
- 30 Family Entertainment Series Featuring: Circus Mojo

July

- 4 July 4th Celebration
- 6 LIVE on the Green Concert Series Featuring: Smooth Satin Project
- 14 Family Entertainment Series Featuring: Zak Morgan, Children's Entertainer
- 15-17 Pop-Up Dog Park at the Village Green
- 15 14th Annual Family Luau at the Pool
- 18 SAY, Dribblers, and Pee Wee Soccer Registration Deadline
- 20 LIVE on the Green Concert Series Featuring: Moonshine Drive
- 28 Family Entertainment Series Featuring: Bobby & Serenity Fisher, Children's Music

August

- 3 LIVE on the Green Concert Series Featuring: Queen City Silver Stars
- 5 End of Summer Celebration & Dive-In Movie
- 19-21 Pop-Up Dog Park at the Village Green

September

- 5 Dawg Days of Summer
- 16-18 Pop-Up Dog Park at the Village Green

